



LODZ 2025
EUROPEAN UNIVERSITIES
ORIENTEERING CHAMPIONSHIP



Bulletin 4

Version 2

**EUROPEAN UNIVERSITIES
ORIENTEERING
CHAMPIONSHIP 2025**

24th-27th July 2025



Organizers



Partners



University
Sports
Association
of Poland



Sponsors





Honorary patronage



Ministry of
Sport and Tourism



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Joanna Skrzydlewska



MAYOR OF THE CITY OF LODZ
HANNA ZDANOWSKA



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UNIVERSITY
OF LODZ

Rector of the Medical University of Lodz
Prof. Janusz Piekarski, MD, PhD

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Welcome message

Dear Friends,

My warmest welcome to all participants of the European Universities Championships 2025.

The European Universities Championships, as previous editions have proved, are a wonderful occasion to be together and experience the beauty of university sports.

I am pleased that a great number of students and officials, sharing their love for sports, respecting Fair Play, and competing in truly university sport spirit will meet in many cities across Europe.

During such events we do more than just sport – we broaden our horizons, get to know other cultures, promote a healthy society, we stand on the side of peace, respecting and celebrating diversity.

Being the Organizer of the Championship is challenging but in the end, rewarding as well.

I want to express my appreciation to the Organizing Committees, its Partners and the volunteers who give their crucial contribution to the success of the event. My gratitude extends to the National, Regional and Local Authorities for their auspices of this event.

I believe that the European Universities Championships will bring the participants unforgettable experiences and lots of personal achievements. I hope all of you will enjoy your time, and life-long friendships between European Students will be the legacy of all the events.

With wishes of good luck, I welcome you on behalf of EUSA to the European Universities Championships 2025!



Adam Roczek
President of the
European University
Sports Association
(EUSA)



Welcome message

Dear Athletes, Coaches, and Guests,

On behalf of the Polish Orienteering Association, it is my immense pleasure to welcome you all to the European University Orienteering Championships, which will be held in the beautiful city of Łódź in July 2025. We are truly honored to host this prestigious event, bringing together the best orienteering talent from across Europe.

This championship is not only a celebration of athletic excellence but also an opportunity to foster camaraderie, exchange knowledge, and create lasting memories. Łódź, with its rich history, vibrant culture, and stunning landscapes, will offer a unique backdrop to the competition. Our team has been working tirelessly to ensure that every participant, from seasoned orienteers to newcomers, experiences the best of Polish hospitality and world-class event organization.

We hope that this event will inspire both the athletes and the wider community, and leave a lasting legacy for orienteering in Poland and Europe. We look forward to witnessing remarkable performances, exciting races, and the spirit of friendly competition that defines our sport.

Thank you for joining us in Łódź. We wish you all the best of luck and unforgettable experiences as you embark on this incredible journey!

Warm regards



Łukasz Charuba
*President of Polish
Orienteering Association*

*Event Director Łódź EUOC
2025*



EUOC 2025 - Łódź



ŁÓDŹ 2025
EUROPEAN UNIVERSITIES
ORIENTEERING CHAMPIONSHIP

eusa university
sports
europe



Venue

Poland, Łódź

Organizer

European University Sports Federation (EUSA)

Polish Orienteering Federation

Academic Sport Association

UKS Orientuś Łódź

City of Łódź

Organizing Committee

Event Director/President OC

Technical Director / Vice-President

Sports Director

Referee Director

Permits and Compliance Coordinator

Łukasz Charuba

Beata Winczewska

Rafał Podziński

Piotr Chmielecki

Monika Ciupa



Course setter

Sprint, Middle, Sprint Relay

Rafał Podziński

Event Advisers

EUSA Technical Delegate

Dušan Vystavěl

Polish Orienteering Federation Technical Delegate

Tadeusz Piłkowski

SCAC

SCAC Chair

Dusan Vystavel, EUSA Orienteering Technical Delegate

SCAC Member

Hristina Hristova (Kiki) - EUSA Projects and Communications Officer

SCAC Member

Eszter Gulyas - EUSA Sports Coordinator

SCAC Member

Beata Winczewska - EUC 2025 OC Representative

SCAC Member

Lukasz Charuba - EUC 2025 OC Representative

CTC

CTC Member

Tadeusz Pilkowski as the National Controller

CTC Member

Piotr Chmielecki as the Main Referee



Informations

Website

<https://orienteering2025.eusa.eu>

Facebook

<https://www.facebook.com/eusaorienteering>

Instagram

<https://www.instagram.com/eusaorienteering/>

X

<https://twitter.com/eusaorienteer>

YouTube

<https://www.youtube.com/channel/UC3-yzTQNH05sZ3zzPYlr20A>

WhasstApp Group



Poznański Palace

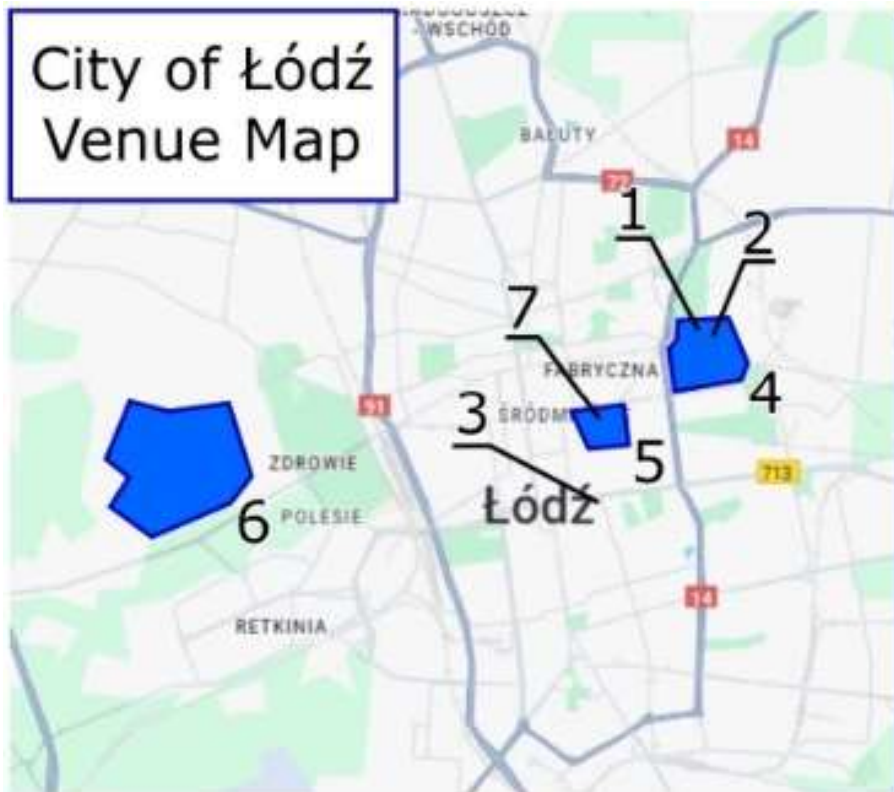




Programme

Date	Type of the event	Where	Address	Website
July 23, Wednesday	Arrivals and accreditation	Dormitory No. 2 "Balbina" University of Lodz	ul. Lumumby 16/18, 91-404 Łódź	
July 24, Thursday	Model Middle	Las Okręglik	Cross roads ul.Sianokosy / ul.Okręglik	
July 24, Thursday	Model Sprint	AZS area		https://azs.lodz.pl/
July 24, Thursday	General Technical Meeting	University of Łódź, Faculty of Philology	ul. Pomorska 171/173 90-236 Łódź	
July 24, Thursday	Opening Ceremony	University of Łódź, Faculty of Philology	ul. Pomorska 171/173 90-236 Łódź	
July 25, Friday	SPRINT	AZS Łódź stadium	ul. Lumumby 22/26, 91-404 Łódź	https://azs.lodz.pl/
July 26, Saturday	MIDDLE	Brus ex-military training ground	ul. Minerska 19, 94-304 Łódź	
July 27, Sunday	SPRINT RELAY	Łódź Fabryczna train station, parking Kiss&Ride	al. Rodziny Scheiblerów, 90- 100 Łódź	
July 27, Sunday	Closing Ceremony	AZS Łódź stadium	ul. Lumumby 22/26, 91-404 Łódź	https://azs.lodz.pl/

City of Łódź Venue Map



- 1 - AZS Stadium
- 2 - University of Łódź dormitories
- 3 - Hotel Ambassador****
- 4 - sprint distance terrain
- 5 - sprint relay terrain
- 6 - middle distance terrain
- 7 - Łódź Fabryczna railway station



Programme

Date	Time	Event	Place	Address
WEDNESDAY 23rd of July	12:00 - 23:00	Arrivals and accreditation	Dormitory No. 2 "Balbina" University of Lodz	ul. Lumumby 16/18, 91-404 Łódź
THURSDAY 24th of July	9:00 - 20:00	Event Office Open	Dormitory No. 2 "Balbina" University of Lodz	ul. Lumumby 16/18, 91-404 Łódź
	9:00-13:00	Model Middle	Las Okręglik	Cr0ss roads ul.Sianokosy / ul.Okręglik
	9:00-13:00	Model Sprint	AZS area	ul. Lumumby 22/26, 91-404 Łódź
	17:00	General Technical Meeting	University of Łódź, Faculty of Philology	ul. Pomorska 171/173 90-236 Łódź
	18:30	Opening Ceremony	University of Łódź, Faculty of Philology	ul. Pomorska 171/173 90-236 Łódź
FRIDAY 25th of July	10:30	Sprint	AZS Łódź stadium	ul. Lumumby 22/26, 91-404 Łódź
	14:00 - 20:00	Event Office Open	Dormitory No. 2 "Balbina" University of Lodz	ul. Lumumby 16/18, 91-404 Łódź
SATURDAY 26th of July	16:30 - 20:00	Event Office Open	Dormitory No. 2 "Balbina" University of Lodz	ul. Lumumby 16/18, 91-404 Łódź
	10:30	Middle	Brus ex-military training ground	ul. Minerska 19, 94-304 Łódź
CHANGE! SUNDAY 27th of July	10:00	Sprint Relay MM	Łódź Fabryczna train station	al. Rodziny Scheiblerów, 90-100 Łódź
	11:20	Sprint Relay WW		
	12:40	Sprint Relay WM		
	16:30	Closing Ceremony	AZS Łódź stadium	ul. Lumumby 22/26, 91-404 Łódź
MONDAY 28th of July	7:30 - 13:00	Event Office Open	Dormitory No. 2 "Balbina" University of Lodz	ul. Lumumby 16/18, 91-404 Łódź
	9:00-13:00	Departure		



Accreditation

The purpose of accreditation is to define the roles, rights and responsibilities of the participants in the European Universities Championships and to provide them with the necessary rights and access to carry out their tasks.

Accreditation and Event Centre

The accreditation and Event center for athletes, officials and volunteers will be located on the campus of the University of Łódź, in the **Dormitory No. 2 "Balbina" University of Łódź, ul. Lumumby 16/18, 91-404 Łódź**

The opening hours of the accreditation center (which may be changed by the organizing committee in the light of the travel plans submitted.)

23rd of July - 12:00 – 23:00

24th of July – 9:00 – 20:00

25th of July – 14:00 – 20:00

26th of July – 16:00 – 20:00

28th of July – 7:30 – 13:00

Accreditation Procedure

The entire delegation is accredited by the designated team leader at the accreditation centre.

Step 1: Data reconciliation and financial status check

Step 2: Briefing and orientation (accommodation, meals, local transport, facilities, check travel plan)

Step 3: EUSA Control Commission - check of entitlements

Step 4: Issue accreditation card

Step 5: Welcome packages



Required Documents

Please prepare and collect all the necessary documents in advance.

- Identity card or passport
- Printed individual entry form, stamped and signed by the university
- Signed declaration of liability
- Signed accommodation policy
- Transaction confirmation (if you have made a transfer before arrival and it has not yet been credited to the registration system, you can provide a transaction confirmation to prove the payment)

Accreditation card

An accreditation card is an official document issued by the EUSA and the organising committee at the end of the accreditation process to confirm the identity and entitlements of participants.

- The accreditation card must be worn by all participants in a clearly visible place and manner, thus facilitating the identification of participants by the security service and the efficient and rapid verification of their access rights.
- The accreditation card is non-transferable, as each card contains personal data and personalized access rights.
- In the event of loss of an accreditation card, the participant must apply for a new card in person at the accreditation centre, by presenting a valid identity card or passport, at a cost of €50.





Additional informations

If you have any questions about how to register, please read the following guide:

<https://www.eusa.eu/media/documents/registrations-guide>

If you have any questions about the rules, please see the guide below:

<https://www.eusa.eu/media/documents/eusa-events-rules-regulations>

If you have any questions about the organisation of the event (accommodation, catering, travel), please contact the Łódź organising committee at the contact details below:

orienteering2025@eusa.eu

The EUOC Łódź 2025 Accreditation Card remains the property of EUSA during the event and can be withdrawn by an EUSA or OC delegate. By using this card I agree to be filmed, televised, photographed and identified during the EUSA event.

Summary of entries 1/2

Country	University	Men	Woman	Team officials	Total
AUSTRIA	University of Vienna	1	1	1	3
	Montan University Leoben	1	0	0	1
	University of Graz	2	0	0	2
CZECHIA	Mendel University Brno	2	2	0	4
	Masaryk University	2	4	0	6
	Prague University of Economics and Business	1	0	0	1
	Charles University	0	4	0	4
	Czech University of Life Sciences Prague	1	1	0	2
	Czech Technical University Prague	2	0	0	2
	Brno University of Technology	1	5	1	7
FINLAND	University of Helsinki	1	0	0	1
	Metropolia University of Applied Sciences	1	0	0	1
	Aalto University	2	0	0	2
	Abo Akademi University	1	0	0	1
FRANCE	University of Clermont Auvergne	6	4	0	10
GERMANY	University of Regensburg	3	0	0	3
	University of Tübingen	0	1	1	2
	RheinMain University of Applied Sciences	0	1	0	1
	University of Applied Sciences Dresden	0	1	0	1
	Technical University of Dresden	2	0	0	2
	Technical University of Munich	0	1	0	1
	University of Göttingen	0	2	0	2
	University of Leipzig	0	1	0	1
HUNGARY	University of Miskolc	1	0	1	2
	University of Sopron	2	0	0	2
	Semmelweis University	0	2	1	3
	Eszterhazy Karoly Catholic University	3	2	2	7
	University of Debrecen	0	1	0	1
	Eotvos Lorand University	2	2	0	4
	University of Veterinary Medicine	0	1	0	1
	University of Szeged	1	0	0	1

Summary of entries 2/2

Country	University	Men	Woman	Team officials	Total
LATVIA	Riga Technical University	1	0	0	1
LITHUANIA	Vilnius University	2	2	0	4
NETHERLANDS	University of Groningen	0	1	0	1
POLAND	Lodz University of Technology	0	2	0	2
	Gdansk University of Technology	1	0	0	1
	Medical University of Lodz	0	1	0	1
	Wroclaw University of Health and Sport Sciences	1	1	0	2
	Wroclaw University of Science and Technology	2	3	0	5
	Jagiellonian University	0	1	0	1
	Opole University	0	1	0	1
	Jozef Pilsudski University of Physical Education in Warsaw	2	2	0	4
	University of Lodz	2	0	0	2
	WSB-NL University in Nowy Sącz	1	0	0	1
	Kazimierz Wielki University in Bydgoszcz	0	1	0	1
	Medical University of Silesia	0	2	0	2
	Warsaw University of Technology	1	0	0	1
PORTUGAL	University of Minho	0	1	1	2
	Nova University Lisbon	1	0	0	1
SPAIN	University of Valencia	1	3	2	6
SWITZERLAND	University of Applied Sciences and Arts Northwestern Switzerland FHNW	1	1	0	2
	University of Applied Sciences Bern	2	0	0	2
	Swiss Federal Institute of Technology in Zurich	2	0	0	2
	Thurgau University of Teacher Education	0	1	0	1
TÜRKIYE	Hacettepe University	0	3	2	5
	Anadolu University	7	1	1	9
	Bursa Uludag University	0	4	0	4
UNITED KINGDOM	University of Oxford	6	8	1	15
TOTAL	58	71	75	14	160

Athlets and Officials accommodation

Accommodation for athletes is set in dormitories of the University of Łódź, in an immediate vicinity of the AZS stadium – venue for the opening and closing ceremonies as well as finish of sprint stage.



Check in and check out procedure

Once you've received your accreditation, you'll be able to enter the accommodation dormitory. During the accreditation process, you'll receive the key cards for your rooms.

In the dormitory the OC representatives will be present and will remain during the EOUC Łódź 2025 time.

The head of delegation needs to announce the check-out of the teams or individual athletes one day prior to the departure. The HoD's obligation is to inspect all rooms and return keys in a described manner.

The room inspection will take place in the presence of the HoD and Event Office representative. If there is no damage done, the HoD's with his/her team can leave the accommodation. If some damage is done, our host and HoD are obliged to fill out a damage fee form, which will be sent to the University representatives and deducted from each University. The amount of damage caused is determined according to the official price list of the dormitory.



Info point

The info point of the accommodation is located at the dormitory's lobby.

The OC representative will provide necessary information and assistance to all participants (competition, transport, menus, restaurant opening hours, extra services, etc.). Info desks working hours are from 9:00 until 20:00.

General rules

The receptions will work the entire day, 0-24.

Your accreditation card will always be checked when you are entering the building.

You'll be held liable for any damages caused in the room – we'll check the rooms after you return the key during check-out.

With regards to damages, a clear list of items and costs for replacement will be visible in each room.

The persons accommodated in said room will be held responsible for the items listed, including the payment of the damages

There are a few important ones: no larger parties, no alcohol or smoking in the village. Security personnel will be patrolling to make sure you're safe. An automatic low current fire detection and alarm system has been installed to protect the building. It is forbidden to disconnect the elements of the protection system, to close, open or disconnect the fire doors.

Canteen

Athletes accommodated in dormitories will dine in the universities' canteen at **ul.Lumumby 14, 91-404 Łódź**, which is situated in the immediate vicinity of the dormitories.

Food will be served without any unnecessary waiting. Meat-based, vegetarian and vegan diets are available.

We provide meals here only for athletes, officials and volunteers.

Accreditation card will be checked.

Opening hours:

Date	Breakfast	Lunch	Dinner
July 23	-	13:00 -15:00	18:30 - 20:00
July 24	7:30 - 9:00	13:30 -15:30	19:00 - 20:30
July 25	7:30 - 9:00	13:00 -15:00	18:30 - 20:00
July 26	7:30 - 9:00	14:00 -16:00	18:30 - 20:00
July 27	7:00 - 8:30	14:30 -16:00	18:30 - 20:00
July 28	7:30 - 9:00	-	-

EUSA representatives accommodation

Accommodation for EUSA members is set in Ambassador Centrum Hotel, al. marsz. Józefa Piłsudskiego 29, 90-307 Łódź and in Archa Residence Łódź, Jana Matejki 11, 91-402 Łódź.

Ambassador Centrum Hotel

The four-star Hotel Ambassador Centrum Łódź is located in the heart of the city. In the vicinity there are: one of the largest shopping centers in Łódź Galeria Łódzka, entertainment centers, a walk to the representative Piotrkowska Street where there are numerous clubs and pubs will take no more than 5 minutes. The air-conditioned hotel offers 143 spacious comfortable rooms and apartments. Hotel Ambassador Centrum is connected to Hotel Ambassador Premium, which allows you to use its infrastructure.

<https://www.hotelambassador.eu/centrum/hotel/>





Check in and check out procedure – Ambassador Centrum Hotel

Hotel rooms are available from 15:00 on arrival day. On departure day please leave the room until 12:00.

Parking – Ambassador Centrum Hotel

Guests arriving by car can park their vehicles in the hotel's closed, camera-guarded car park in the courtyard. Parking spaces in the courtyard are available on a first-come, first-served basis. Please kindly be informed the Hotel takes no responsibility for any financial damages arising from parking

General rule – Ambassador Centrum Hotel

External visitors

Only those guests may stay in the rooms who registered themselves at the reception. We kindly ask you that if you have any visitors during your stay, please welcome them at the Lobby or in the Restaurant.

Smoking

Smoking is not permitted in the whole area of the hotel. All of our rooms are non-smoking; the appointed smoking areas are located in the outdoor part of the hotel. In case Housekeeping finds signs of smoking in the room, the hotel might charge a restitution.



Arche Residence



<https://www.archeresidencelodz.pl/>

Check in and check out procedure – Arche Residence

Hotel rooms are available from 15:00 on arrival day. On departure day please leave the room until 11:00.

Parking – Arche Residence

Guests arriving by car can park their vehicles in the public parking (costs covered by the OC).

General rule – Arche Residence

External visitors

Only those guests may stay in the rooms who registered themselves at the reception. We kindly ask you that if you have any visitors during your stay, please welcome them at the Lobby or in the Restaurant.

Smoking

Smoking is not permitted in the whole area of the hotel. All of our rooms are non-smoking; the appointed smoking areas are located in the outdoor part of the hotel. In case Housekeeping finds signs of smoking in the room, the hotel might charge a restitution.



Transport

The points of arrival and departure for the EUOC Łódź 2025 after which transport to Event Center will be arranged:

- **International Warsaw Chopin Airport, Warsaw (WAW)**
- **Train stations – Łódź Fabryczna station**

Transport from/to other arrival/departure points that are not listed above will not be organized and covered by EUC organization.

Travel to the middle model event and EUOC middle distance stage will be supported with rented buses.

During the EUOC Łódź 2025, transport services will be carried out using the following modes of transport:

- city trams,
- minibuses,
- buses,

Transport will be organized to all places where competitions and trainings will take place (model middle, middle and sprint relay).

The entire transport organisation during the EUOC Łódź 2025 has been divided into the following segments:

- transfers from the official arrival pick up points to the Event Centre,
- transfers from the hotels and the athletes' dormitory to sports venue (for middle distance only, public transport for sprint relay)
- transfers to the departure drop-off points from the hotels and the athletes' dormitory.



Arrival

Transfer from the Warsaw Chopin's airport

- You will find our stands in front of the arrival hall, in front of terminal 1
- Travel time from the Chopin International Airport to the accreditation zone is approx 2 hours.

At the airport:

1. Get off the plane/bus
2. Pick up your luggage
3. Check your the pick up time on event website a week before the event
4. 10 min before the pick up time, please stay next to the stand/volunteer in front of arrival hall

According to regulations, the participants should be prepared to wait up to 90 minutes (as per EUSA minimum organizational requirements)

Bus station/Train station Łódź Fabryczna:

1. Get off the bus/train
2. Check your the pick up time on event website a week before the event
3. 10 min before the pick up time, please stay next to the stand/volunteer in front of arrival hall

According to regulations, the participants should be prepared to wait up to 90 minutes (as per EUSA minimum organizational requirements)

Transportation

VIP / EUSA OFFICIALS transport

The VIP guests will be transported from the airport by the same buses as athletes. During the Championships, VIPs will have separate transport organized by the OC. Transportation should only be used for official EUOC Łódź 2025 places (University of Łódź and competition venues).



Departure

Transfer to the Warsaw Chopin's airport

- Check your the pick up time on event website a week before the event
- Transportation will be organized from the dormitory by buses

Transfer to bus station/Train station Łódź Fabryczna:

- Check your the pick up time on event website a week before the event
- Transportation will be organized from the dormitory by buses



Model events access and transport

- **Model Middle:** Radogoszcz Zachód, Okręglik map.

It is 10 km from the Event Centre, which is approximately a 20-minute drive.

GPS Coordinates: *51.82656730257866, 19.409026635582148*

Shuttle busses will be secured by the OC. Athletes will be assigned to specific bus, to secure fluent transportation. After MODEL, same buses will be used for trip back to the dormitory. Detailed schedule will be published on the event webpage but also you will receive in the Event Center on your arrival day. Own transport by cars, minibuses allowed.

Map: A5 format, skala 1:10000, e - 2,5m, 8 control points

- **Model Sprint :** AZS area, 3 min walking from dormitory.

Map: A5 format, skala 1:4000, e - 2m, 10 control points with artificial barriers marked on the map with symbol 708 (Out-of-bounds boundary) are used to depict artificial barriers with respect to the maximal legibility of the map. Metal fences or white event tapes are used for artificial barriers.



EUOC venue access and transport

The finish area for each race is always located within its respective arena:

- **Sprint:** AZS Łódź stadium, 5 min walk from the dormitory and Event Centre. Access to the arena is only permitted after the quarantine closure.

GPS Coordinates: 51.78154573876722, 19.490774590985282.

No transport organized.

- **Middle:** MOSIR Obiekt Sportowy ul. Krańcowa 19 . It is 10 km from the Event Centre, which is approximately a 20-minute drive. Entry to the arena is only allowed after the quarantine closure.

GPS Coordinates: 51.76314093209413, 19.39903982103352.

Transport : Shuttle busses will be secured by the OC. Athletes will be assigned to specific bus based on their start minute, to secure fluent transportation.

Dormitory - middle distance arena:

1st shuttle – 9:00 – athletes with start minutes 0-82

2nd shuttle – 10:00 – athletes with start minutes 83-148 + officials

Middle distance arena – dormitory:

1st shuttle – 13:35 – athletes with start minutes 0-82

2nd shuttle – 14:35 – athletes with start minutes 83-148 + officials



EUOC venue access and transport

• **Sprint Relay:** Łódź Fabryczna station. It is 3,3 km from the Event Center, roughly a 7-minute drive. Entry to the arena is only allowed after the quarantine closure.

GPS Coordinates: *51.769673389250244, 19.470608579674217.*

Transport: by public trams (free of charge). **Departure time from dormitory will be 8:30 – please do not be late!**



Embargos

Sprint Distance

Soft embargo - it is allowed to walk and run without a map, move as a resident or tourist - it is forbidden to run with a map for testing procedures. Open till Thursday 24th of July 20:00 CET.

Hard embargo - completely forbidden entry from Thursday 24th of July 20:00 CET!

Middle Distance

Hard embargo all the time!

Sprint Relay

Soft embargo - it is allowed to walk and run without a map, move as a resident or tourist - it is forbidden to run with a map for testing procedures. Open till Thursday 24th of July 20:00 CET.

Hard embargo - completely forbidden entry from Thursday 24th of July 20:00 CET!

<https://orienteering2025.eusa.eu/competition/venues>



RACE INFORMATION

PUNCHING AND TIMING

SPORTident Air+ punching will be used for all competitions.

Stations will be set to contactless punching mode with a range of up to 50 cm. **The last control will have a range up to 1.8m (IOF rule 20.9).**

EUOC2025 participants are requested to use their own SIAC cards during the event.

Here is the form use for a SI card collection or renting: <https://euoc2025.orientuslodz.pl/start-list.php>

The technical model event offers an opportunity to familiarize with the starting, punching, and finish procedure. Prior to the start, it is requested that you:

1. Perform SIAC BATTERY TEST (available in quarantine zones)
2. CLEAR card
3. CHECK card
4. TEST card that it is working in contactless mode

Remember that the punching range is up to 50 cm. When punching, it is the competitor's responsibility to receive feedback signals.

After crossing the finish line, the SIAC card will be read out.

Any SIAC card changes must be communicated directly to the organiser by e-mail, orienteering2025@eusa.eu as early as possible.



RACE INFORMATION

TEAM MEETING

Team Meetings (TM) will be held during EUOC2025 and all take place near the Event Centre:

DATE TIME MEETING

Thursday 24th July 2025	17:00	General Technical Meeting Team Meeting SPRINT - aula of Phylological Faculty
Friday 25th July 2025	20:00	Team Meeting MIDLLE - online
Saturday 26th July 2025	20:00	Team Meeting SPRINT RELAY - online

TMs on Friday and Saturday will be broadcasted online only. Link/QR codes:

Friday 25th July 2025 – 20:00

<https://meet.google.com/bqg-tctv-pgb>



Saturday 26th July 2025 – 20:00

<https://meet.google.com/pcy-qdcu-npp>



GTM and TM presentation slides will be uploaded to IOF Eventor after the meeting. Questions for the GTM and TM shall be sent by e-mail to orienteering2025@eusa.eu until 2 hours before on the respective day and will be answered during the meeting.



RACE INFORMATION

START NUMBER BIBS

All number bibs will be distributed at Event Center on the day of your arrival. There will be one number bib for both individual races and separate number bib for Sprint relay.

Competitors must wear the number bib on their chest, and it must not be folded or cut. Please take your own safety pins with you and re-use them. Check that the bib is fixed properly, so that you don't lose it during the competition.

CONTROL DESCRIPTIONS

Control descriptions are in accordance with the IOF standard. The control descriptions will be available in the start corridor. The control descriptions are also printed on the individual competition maps.

At the Sprint Relay, control descriptions are only printed on the map.



RACE INFORMATION

QUARANTINE ZONE

When arriving at the quarantine, competitors must check in by showing their accreditation card and signing the list before the quarantine closes (check-in). No-one will be allowed into the quarantine area after the deadline. The quarantine offers toilets and drinking water.

Transportation of bags from the quarantine to the team zone in the arena will be provided. Leave your bags in the marked quarantine tent. Please limit the size of your bags to avoid heavy transport.

To be sure to have your bag at the team zone when arriving at the finish, you have to leave it at the marked quarantine tent at least 20 minutes before your start.

All competitors are strongly advised to perform the SIAC battery test and in the event of a low battery

indication, to request an SIAC replacement at the quarantine check-in desk.

Please respect the fairness rules in the quarantine. Coaches and competitors can leave quarantine at any time, but once they have left, they are not allowed to return.

Please be fair and remember the following important things:

- The use of mobile phones, computers or any communication device inside the quarantine is strictly forbidden. • It is forbidden to bring any electronic devices (except watches) to the toilets or to the warm-up area – no matter if the device is turned on or not.
- It is not allowed to bring any maps into the quarantine zones.



RACE INFORMATION

PRESTART AND START – SPRINT

Only competitors registered for that race have access beyond the prestart. Coaches are not allowed to follow the athletes beyond the prestart. It is the competitor's responsibility to watch for her/his start time. Call-up at the prestart is 12 minutes before the runner's start time. There is also a clock showing the call-up time in the prestart area.

Detailed start procedure:

-12 min » entering to prestart

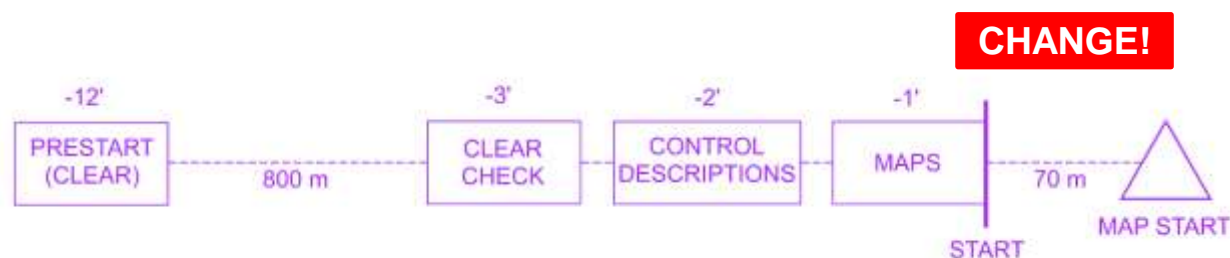
- » Check SIAC numbers
- » SIAC test
- » Check BIB number
- » Clear / check SIACs

-3 min » Call- up

- » Check SIAC numbers
- » Check BIB number
- » Clear / check SIACs

-2 min » Pick up the control description sheet

-1 min » taking map



Start time at the start beep, the competitor will be released by an official. **It is the competitor's responsibility to start at the correct time.** Athletes are responsible for getting the correct control descriptions and map. The start triangle is marked in the terrain by a control flag. The route to this flag is marked and is compulsory for the competitors to follow all the way to the start point. For specific details, see descriptions in each competition section.



RACE INFORMATION

START – MIDDLE

Only competitors registered for that race have access beyond the prestart. Coaches are not allowed to follow the athletes beyond the prestart. It is the competitor's responsibility to watch for her/his start time. Call-up at the prestart is 3 minutes before the runner's start time. There is also a clock showing the call-up time in the prestart area.

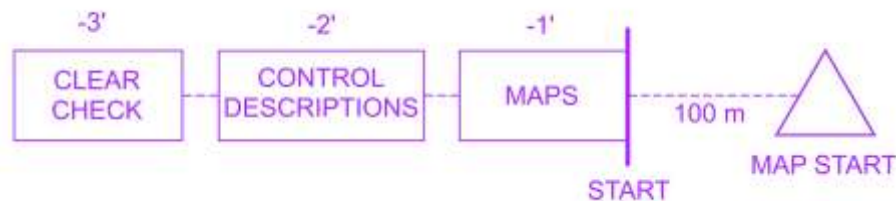
Detailed start procedure :

-3 min » Call- up

- » Check SIAC numbers
- » SIAC test
- » Check BIB number
- » Clear / check SIACs

-2 min » Pick up the control description sheet

-1 min » taking map



Start time at the start beep, the competitor will be released by an official. **It is the competitor's responsibility to start at the correct time.**

Athletes are responsible for getting the correct control descriptions and map. The start triangle is marked in the terrain by a control flag. The route to this flag is marked and is compulsory for the competitors to follow all the way to the start point. For specific details, see descriptions in each competition section.



RACE INFORMATION

START – SPRINT RELAY

Only competitors registered for that race have access beyond the prestart. Coaches are not allowed to follow the athletes beyond the prestart. It is the competitor's responsibility to watch for her/his start time. Call-up at the prestart is 10 minutes before the relay category's start time. There is also a clock showing the call-up time in the prestart area.

Detailed start procedure:

Competitors will be guided from the quarantine area to the start tent to take map 10 min before the mass start. Competitors will be guided from the tent to the start line. The line-up on the start line will be marked with tape on the ground.

Listen to the commands of the start official. It is not allowed to open the roll before the mass start. Please contact the staff at once if you find that your map is not in the tent anymore.

30" before the start the security bands can be removed. However, the map cannot be opened before the start. The start signal will be given by the start official. Early start leads to disqualification. Distance from the start line to the starting point: 50 meters.

CHANGEOVER – SPRINT RELAY

There is an arena passage, and it is visible from prestart.

The runner should move from the prestart when his/her team-mate passes in arena.

Details will be given on technical meeting, day before the sprint relays.



RACE INFORMATION

FINISH

The marked route from the last control to the finish must be followed. The finishing time will be taken when the competitor's chest crosses the finish line, using electronical map on the finish line.

The SportIdent Air+ punching system will serve as a backup for the finish line timing mat. In case of a head-to-head finish in the sprint relay competition on the last leg of the relay a finish judge will be present at the finish line to determine the correct order based on which runner's chest crosses the line first.

After crossing the finish line, athletes read out their SIAC card and return the map.

Refreshments will be provided as well as access to first aid if needed.

Athletes then access the Team zone. The current leader might be asked to take his/her place on the Leader Chair in the finish area. Please stay there until a new leader comes to the Leader Chair.

COOL DOWN AND TEAM ZONES

Cooling down is only allowed in the public part of the respective competition arena and the team zone. Except for Sprint, cooling down is also possible along the access road to the arena outside the embargoed area.

Fair play: It is strictly forbidden for team members to re-enter the competition area until the competition is finished. Please stay inside the team zone.

The team zone will be equipped with tents, toilets and drinking water.

ABANDONING THE RACE

Athletes who are forced to abandon a race must report to the finish staff and hand in their competition maps.

A retiring athlete may not influence any other competitor.



RACE INFORMATION

COMPLAINTS AND PROTESTS

Complaints may only be made by team officials or competitor.

A Complaint must be made in writing as soon as possible and handed in at the Event Office to CTC or SCAC member. There is no fee for a complaint. Complaints concerning results must be made no later than 15 minutes after the results have been published. The results will be published on a results board near the Event Office and announced by the Speaker.

A Protest may be made against the organizer's decision about a Complaint. A protest may only be made by the team official or competitor who made the Complaint. Any Protest must be made in writing and handed in at the Event Office CTC or SCAC member no later than 15 minutes after the organizer has informed the complainant of the decision about the Complaint. A Protest fee of 200 EUR must be paid to the EUSA Technical Adviser when making a Protest. The fee will be returned if the Protest is accepted by the jury. When a Protest is signed by more than one University, each University shall pay the Protest fee.

More details to be announced on GTM.



EVENT INFORMATION - SPRINT

Format

Individual race with a 1-minute start interval. Start time 10:30am.

Map

1:4000, contour interval 2 m, ISSprOM2019-2 Rev. 6, size: A3. Maps are in plastic bags.

Traffic

All competition area is not traffic free throughout the race – police and volunteers will be securing the specially dangerous place. There may be bicycles and pedestrians passing through the terrain; in emergency case, there may be emergency vehicles on the roads. Take care about collision or people into the area.

Quarantine

The quarantine is open from 9:00 am and closed on 10:00. Path to the quarantine zone will be marked by red tapes and secured by volunteers. Toilets will be available. Warm-up is within the quarantine zone and will be limited by the event tapes. Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.



EVENT INFORMATION - SPRINT

Artificial barriers

NEW!

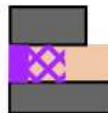
Any objects drawn in the map by symbols listed in IOF Competition Rules, 17.2 are forbidden to cross.

White EUOC 2025 tapes may be used to mark private areas and to emphasize hedges or flowerbeds which are forbidden to cross. There might be also artificial barriers marked on the map with symbol 708 (Out-of-bounds boundary) are used to depict artificial barriers with respect to the maximal legibility of the map. Metal fences or white EUOC 2025 tapes are used for artificial barriers.

If a linear feature (eg. fence) is artificially blocked,
it is shown with symbol 708 (Out-of-bounds boundary).



If a whole passage, alley or street is artificially blocked,
it is shown with symbol 708 (Out-of-bounds boundary)
combined with 709 (Out-of-bounds area).



Mandatory / compulsory route

NEW!

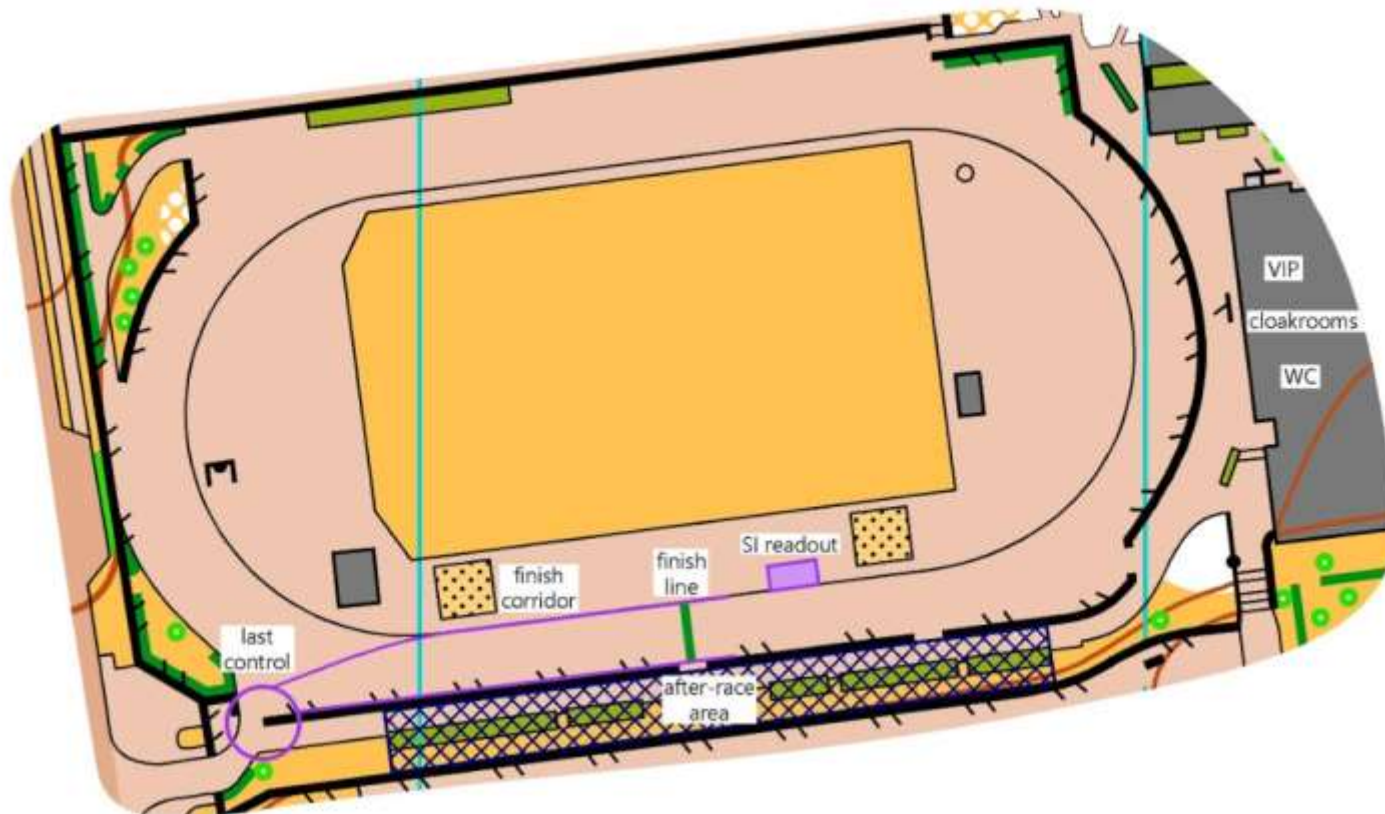
There will be 2 mandatory designated crossing points for obstacles. Control point will be standing before each of them. They will be also marked on the map.



EVENT INFORMATION - SPRINT

Arena passage, Team zone

Last control is visible from the arena. Respect the boundary of the competition area formed by fences. There is no coaching zone.





EVENT INFORMATION - MIDDLE

Format

Individual race with a 2-minute start interval. Start time 10:30am.

Map

1:10000, contour interval 2,5 m, ISOM 2017-2 Rev. 6, size: A4. Maps are in plastic bags.

Traffic

All competition area is traffic free throughout the race. There may be bicycles and pedestrians passing through the terrain; in emergency case, there may be emergency vehicles on the roads. Take care about collision or people into the area.

Quarantine

The quarantine is open from 9:30 am and closed on 10:30.

Toilets will be available. Warm-up is allowed on the way to the start (550m) from the quarantine zone and will be limited by the event tapes.

Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.

Mandatory / compulsory route

NEW!

There will be 1 mandatory compulsory route, as shown on the map on next page.

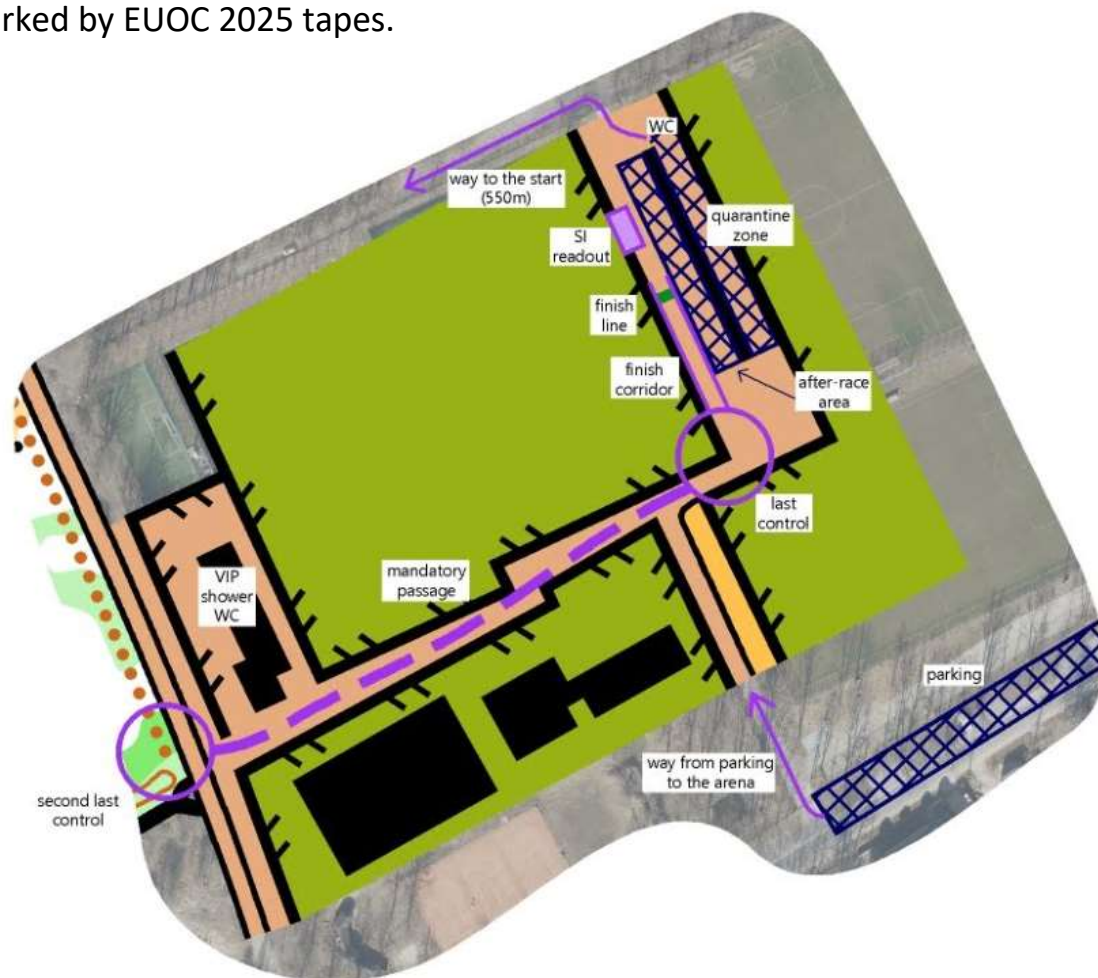


EVENT INFORMATION - MIDDLE

Arena passage, Team zone

Last control is visible from the arena. Respect the boundary of the competition area formed by fences or EUOC 2025 tapes.

There is coaching zone and will be marked by EUOC 2025 tapes.





EVENT INFORMATION - SPRINT RELAY

Format

Two-member team relay for man-man (start time at 10:00), woman - woman (start time at 11:20) and Woman - man (start time at 12:40). Forking is used.

Map

1:4000, contour interval 2 m, ISSprOM2019-2 Rev. 6, size: A4. Maps are in plastic bags.

Traffic

All competition area is not traffic free throughout the race – police and volunteers will be securing the specially dangerous place. There may be bicycles and pedestrians passing through the terrain; in emergency case, there may be emergency vehicles on the roads. Take care about collision or people into the area.

Quarantine

The quarantine is open from 8:30 am and closed on 9:00. Path to the quarantine zone will be marked by red tapes and secured by volunteers. Toilets will be available. Warm-up is within the quarantine zone and will be limited by the event tapes. Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.

MORE DETAILS WILL BE PROVIDE ON GTM AND TEAM'S OFFICIAL MEETING ON THURSDAY 23RD OF JULY



EVENT INFORMATION - SPRINT RELAY

Artificial barriers **NEW!**

Any objects drawn in the map by symbols listed in IOF Competition Rules, 17.2 are forbidden to cross.

White EUOC 2025 tapes may be used to mark private areas and to emphasize hedges or flowerbeds which are forbidden to cross. There might be also artificial barriers marked on the map with symbol 708 (Out-of-bounds boundary) are used to depict artificial barriers with respect to the maximal legibility of the map. Metal fences or white EUOC 2025 tapes are used for artificial barriers.

If a linear feature (eg. fence) is artificially blocked,
it is shown with symbol 708 (Out-of-bounds boundary).



If a whole passage, alley or street is artificially blocked,
it is shown with symbol 708 (Out-of-bounds boundary)
combined with 709 (Out-of-bounds area).



MORE DETAILS WILL BE PROVIDED ON GTM AND TEAM'S OFFICIAL MEETING ON THURSDAY 23RD OF JULY



EVENT INFORMATION

Courses

		Winning time	Length (km)	Climb (m)	Controls	Time limit
SPRINT	M	14-15'	4,2km	20m	18	50 min
	W	14-15'	3,6km	20m	17	
MIDDLE	M	33-36'	5,9km	20m	27	90 min
	W	33-36'	4,8km	15m	21	
CHANGE! SPRINT RELAY	MM	52-55'	1,2 leg - 3,7km 3,4 leg - 3,6km	30m 20m	19 15	120 min
	WW	55-58'	1,2 leg - 3,3km 3,4 leg - 3,0km	30m 20m	18 14	
	WM	52-55'	1 leg - 3,2km	30m	17	
			2 leg - 3,7 km	30m	19	
			3 leg - 3,3km	20m	14	
			4 leg - 3,6km	20m	15	

Results and live streaming

Available on <https://orienteering2025.eusa.eu/competition/results-and-live-streaming>



Opening, closing and award ceremony

Opening ceremony

CHANGE!

Opening Ceremony will be held **University of Łódź, Faculty of Philology on Thursday, July 24th** , starting at **18.30**, lasting about 45 min.

All participating teams are invited to attend the opening ceremony.

To participate in the procession, teams will assemble on the entrance of **Faculty of Philology** from 18:00.

There, OC staff and volunteers will be waiting for them with exciting activities and information.

Participants are arranged in columns in the order of their arrival, coordinated by volunteers. The march will be led by EUOC Łódź 2025 flag bearer volunteers. **At least one team member from each participating university must be represented at the march.**

Once the teams have entered, they will take their designated seats in the auditorium, guided by our volunteers, from where they can watch the opening ceremony from a seated position. The dress code for the teams participating in the entry ceremony will be the university uniform (team jersey or t-shirt).

Please bring your accreditation card with you when entering Faculty of Philology . Only allowed to enter the building and attend the opening ceremonies just wearing the accreditation cards!

EUOC Łódź 2025 partners, competition staff, EUSA Office and VIP guests will be seated in the auditorium during the opening ceremony.

Transportation will be provided for EUSA Representatives from the accommodations to the event area and OC also provide transfers back to the hotels due to the distance from the Opening Ceremony Center.

For athletes, no transportation will be provided as the distance from the Center is 400m.

Opening, closing and award ceremony

Flower ceremony

After each race there will be flower ceremony held in the competitions venues.

Award ceremony

Medals will be awarded in the following categories:

Women	Sprint, Middle Distance
Men	Sprint, Middle Distance
Men/Men	MM sprint relay
Women/Women	WW sprint relay
Men/Women	MW sprint relay

Each team member will receive one (1) gold, one (1) silver and one (1) bronze medal, depending on the placing. The top three teams will receive a trophy.

Competitors are not allowed to place national/regional flags or symbols of their country/region, culture or religion on the podium. The winners are allowed to wear their sports uniform. Athletes must remove their caps when receiving their medals and keep them on during the ceremony (i.e. the playing of the EUSA anthem and the raising of the flags).



Opening, closing and award ceremony

Closing ceremony

Closing and Award Ceremony will be held **AZS Łódź Stadium on Sunday, July 27th**, starting at **16.30**, lasting about 1,5 - 2 hour.

All participating teams are invited to attend the opening ceremony.

To participate in the procession, teams will assemble on the entrance of AZS Łódź Stadium (side of the stadium) from 16:00. There, OC staff and volunteers will be waiting for them with exciting activities and information.

Participants are arranged in columns in the order of their arrival, coordinated by volunteers. The march will be led by EUOC Łódź 2025 flag bearer volunteers. **At least one team member from each participating university must be represented at the march.**

Once the teams have entered, they will take their designated seats in the auditorium, guided by our volunteers, from where they can watch the opening ceremony from a seated position. The dress code for the teams participating in the entry ceremony will be the university uniform (team jersey or t-shirt).

Please bring your accreditation card with you when entering the AZS Łódź Stadium . Only allowed to enter the building and attend the opening ceremonies just wearing the accreditation cards!

EUOC Łódź 2025 partners, competition staff, EUSA Office and VIP guests will be seated in the auditorium during the opening ceremony.

Transportation will be provided for EUSA Representatives from the accommodations to the event area and OC also provide transfers back to the hotels due to the distance from the Opening Ceremony Center.

For athletes, no transportation will be provided as the distance from the Center is 150m.



Farewell party

Farewell party

CHANGE!

Farewell party will be held at El Cubano Club (Gen. Romualda Traugutta 3/11, 90-102 Łódź) on Sunday, July 27th at 19:00 till 2am.

GPS coordinates: 51.76891816799851, 19.457989955825607

The accreditation card will be checked on the entrance to the party and only holders of the cards will be entered.

No transportation will be provided for all participants. All participants willing to join are requested to use public transport (night bus N4A or N7A leaves from Kościuszki / 6 sierpnia bus station every 30 min).



PUBLIC RACE

The EUOC Public Race is organized to offer the public the chance to experience the spectacular moments of the EUOC 2025 and compete with the champions of the future in the same terrain.

CHANGE!

Date	Event	Where	Address	Start
July 26, Saturday	Middle	Brus ex-military training ground	ul. Minerska 19, 94-304 Łódź	13:30
July 27, Sunday	Sprint	Łódź Fabryczna train station	al. Rodziny Scheiblerów, 90-100 Łódź	14:15

Races are prepared by Rafał Podziński, Course Setter for EUOC 2025 so do not miss the chance to compare yourself with the EUOC 2025 athletes!

Date	Event	Courses and categories	Characteristics	Length
July 26, Saturday	Middle	Long, EUOC course	technically difficult routes for professionals, individual start	5,9km
		Short	short routes for those who are just starting their adventure with orienteering, individual start	2,8km
July 27, Sunday	Sprint	EUOC course	technically difficult routes for professionals, mass start	3,6km

All races are organized to allow participants to watch the arrivals and attend flower ceremonies of EUOC 2025, which, take place on the same maps and competition arenas.



Applications

<https://euoc2025.orientuslodz.pl/publicrace-start-list.php>

Prices for individual race

For EUOC officials and athletes – free

For non-EUOC crew – 50zł/course paid in the Event Center

Public Race Event Center

On Saturday, 26th of July

from 12:30, ul. Krańcowa 19 Łódź (51.76378071439487, 19.39985545687656)

On Sunday, 27th of July

from 12:30, east side of Dworzec Łódź Fabryczna (51.76937553496516, 19.47249199977575)

Time limit

Middle: 90 minutes

Sprint: 50 minutes



General info for public race

- I. Each competitor is provided with: access to toilets, a professional orienteering map, and measurement of the correctness of completing the route.
- II. Sending an application means accepting these regulations and committing to complying with them.
- III. Everyone starts in the race at their own risk with full awareness of the possible dangers and risks associated with it. The participant undertakes to comply with sanitary and epidemiological requirements.
- IV. The Organizer is insured against civil liability and does not bear the costs of individual insurance, which it recommends to each participant.
- V. The Organizer is not responsible for items left in the competition center.
- VI. The participant of the competition consents to the processing of his/her personal data in accordance with the understanding of the act for purposes related to the event.
- VII. The Organizer reserves the right to conduct interviews with each participant, take photos and film them for advertising, promotional purposes, use on the Internet or in radio and television broadcasts and for other commercial purposes.
- VIII. The Organizer reserves the right to use all photos, film materials, interviews and audio recordings presenting the participants of the race free of charge worldwide. They may be used by the Organizer by placing them on CD-ROM, DVD, in catalogs and media, on websites, in newspapers and at exhibitions, as well as for promotional and advertising purposes related to the activities conducted by the Organizer. IX. In accordance with art. 13 sec. 1 and sec. 2 Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data, and repealing Directive 95/46/EC (General Data Protection Regulation, hereinafter referred to as GDPR) we inform you that the Controller of the personal data of the participants is the Student Sports Club "Orientuś", ul. Janosika 136, 92-108 Łódź. The personal data of the participants will be processed for the purposes of organizing and conducting the competition, selecting the winner and awarding, issuing, receiving and settling the prize and other activities related to the activities of the Club and will not be made available to other recipients. The participant has the right to access the content of their data and to correct it. Providing personal data and expressing consent to their processing is voluntary, but necessary to achieve the above-mentioned purposes. Failure to provide data or lack of consent to their processing prevents participation in the competition. We inform you that the consent expressed may be revoked at any time. The personal data of the event participants will be used in accordance with the conditions specified in Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data, and repealing Directive 95/46/EC (General Data Protection Regulation, hereinafter referred to as GDPR). The processing of participants' data, in connection with participation in the competition, also includes the publication of the participant's first and last name, year of birth, club with the name of the town where he or she resides.
- IX. The participant agrees to receive information from the organizer regarding the event.
- X. In case of disputes regarding the cycle, the final decision belongs to the main judge.
- XI. The organizer reserves the right to the final interpretation of these regulations.
- XII. In the event of unintentional situations not covered by these regulations, the organizer reserves the right to make changes to the regulations.
- XIII. All information regarding the event will be published on the competition website: <https://orienteering2025.eusa.eu/>



Media

PHOTO

During EUOC 2025 professional photographer will be present.

LIVE STREAM

Live-stream production will be available for all races. The link to the broadcast will be published a day before the race on <https://orienteering2025.eusa.eu/competition/results-and-live-streaming>

General medical services

General information

During the EUOC Łódź 2025, all participants will have continuous access to the following medical emergency services provided by trained medical staff during the sporting events.

Medical assistance during sport events

Trained medical staff will be available for all participants during sporting events of EUOC Łódź 2025. Medical care will be available at all sports facilities in the immediate vicinity of all zones where players/teams are competing.

First aid and hospitals

In case of emergency situations requiring first aid or basic medical assistance, medical rooms will be available at competition facilities, training venues and university accommodation. In case of injuries or emergencies requiring hospitalisation, the injured will be transported to the nearest Hospital. **All those cases have to be reported to the Technical Director Beata Winczewska +48 536531910.**

SEE YOU IN ŁÓDŹ!!

